

# ADULT SERVICES

## Programs & Events February 2025

### Monthly Chronic Disease Lecture

Once a month @ 2:00 pm | [February 3](#), [March 3](#), and [April 14](#)

Join us to learn about a variety of health topics such as healthy aging, nutrition, fall prevention, and other chronic diseases. This program is done in partnership with the Mid-Bergen Regional Health Commission. Please check our website for this month's topic. Click a date above to register.

### Creative Art & Wellness with Watercolor Painting

Tuesdays @ 12 noon | [Feb 4](#), [Feb 11](#), [Feb 18](#), [Feb 25](#), and [March 4](#)

Learn simple techniques to fortify your mental health, all while creating art. This program is done in partnership with the Mid-Bergen Regional Health Commission. Please register for each session individually. Click a date above to register.

### Basic Computer Skills

Thursdays from 1:30 to 2:30 PM | [Feb 13](#), [Feb 20](#), and [Feb 27](#)

Get hands-on experience while learning the following topics: how to use the mouse & keyboard; how to navigate windows; how to access websites on the Internet using a web browser; file management. (how to create and save files); and an overview of the most popular computer apps. Laptops will be provided. Please register for each session individually. Click a date above to register.



### Crafts-to-Share Club

Tuesday, February 11 from 6:00 pm – 8:00 pm | No registration necessary

Wednesday, February 26 from 1:00 pm – 3:00 pm

Drop in to chat and work on a crafty project! Check our website for meeting cancellation notices.

### Friday Movie: "The Martian" (2015)

February 28 | 1:30 pm - 3:30 pm | [REGISTER HERE](#)

Join us for an afternoon movie. Light refreshments are provided. Synopsis: A lone astronaut is left behind on the hostile surface of Mars after an exploratory mission goes awry, and must use his ingenuity to create a habitat where he can survive.

### Adult Book Club: "Circe" by Madeline Miller

Tuesday, February 25 | 7:00 pm | Email [hashcirc@bccls.org](mailto:hashcirc@bccls.org) to join the mailing list

Join us on the fourth Tuesday of each month for discussion. Synopsis: A retelling of the goddess's story that reimagines the life of Circe, the formidable sorceress of *The Odyssey*.

### ESL Conversation Circle

Tuesdays @ 10:00 | Saturdays @ 10:00 | Saturdays @ 1:00

To join, choose one session on the [Convo Student Application](#) and give the completed form to the Circulation Desk. Wait for approval before attending.

This is not a class. Feel more confident when speaking English by practicing with a volunteer teacher and other students for 1-hour. See our website for more details and cancellation notices.