



BERGEN PFLAG (NJ)

Parents, Families, Friends, and Allies
 United with LGBT People to
move equality forward!

What do you do when you first find out that your child is gay, lesbian, bisexual or transgender?

According to statistics, a significant number of people in the world are gay, and as more and more transgender people also come out and share their stories, the public's understanding and awareness of sexuality, gender identity and gender expression grows too.

Nearly everyone has, knows and/or cares about someone who is gay, lesbian, bisexual, or transgender. While great progress has been made, we are not out of the woods, and too many of our LGBTQ friends and family still face bullying, discrimination, violence and depression on a daily basis. But there are many of us who have faced this before you, and with whom you can find a friend to talk and to help you manage and process your thoughts and feelings during this confusing time.

We are a group of caring people, from all walks of life, who share a common vision of wanting to provide support, education, and advocacy for our gay, lesbian, bisexual and transgender children, families and friends. We offer a safe, non-judgmental environment where you can talk to us about something we've all been through. All are welcome!

WHAT: Bergen PFLAG is a volunteer-led support group that gives people a place to discuss and process thoughts and feelings about family or friends coming out to them as LGBTQ (lesbian, gay, bisexual, trans or queer/questioning).

WHEN: 7:30 p.m. on the **3rd WEDNESDAY** of each month

WHERE: Temple Beth Or (Off GSP and Route 17, between Paramus, Ridgewood and Emerson)
 56 Ridgewood Rd.
 Washington Township, NJ 07676

2017 MEETINGS: 7:30 p.m. on the 3rd Wednesday of Each Month

Jan 18, 2017	Feb 15, 2017	Mar 15, 2017	Apr 19, 2017	May 17, 2017	Jun 21, 2017
Jul 19, 2017	Aug 16, 2017	Sep 20, 2017	Oct 18, 2017	Nov 15, 2017	Dec 20, 2017

Please visit us online for any meeting cancellations or updates

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