

NATURAL LICE REMOVAL TREATMENT

ONLY TO BE USED AFTER BEING TREATED WITH RID OR NIX

AND

NOT ON THE SAME DAY

Pantene and Baking Soda Paste

Supplies:

Pantene Conditioner

Baking Soda

Clarifying Shampoo (Suave)

Metal Lice Removal Comb

White Paper towel

Bowl – for the paste

Bowl – for water to rinse

- Prepare a work place with bright or natural light
- Tear a few paper towels from the roll and place at your working station
- Put ½ cup of conditioner and ½ cup baking soda in the bowl and mix well (this is going to be a thick paste)
- The baking soda gives grit to pull out the nits.
- Section off the hair, taking about 1 inch diameter of hair at a time
- Scoop the metal comb into the paste and run it through the hair starting at the scalp.
- Comb the same section about 10 times just as if you were working on knots.
- After you comb that section of hair 10 times, wipe the comb off on the paper towels before starting the next section. (check the white paper towel to see if any nits were pulled off)
- Dip the comb into the water before starting another section. Make sure you dry the comb well before dipping it into the paste. Water will dilute your paste and it will be less effective.
- After completing this treatment, you should wash the hair out using the Clarifying Shampoo.
- You should once again, inspect the hair section by section and pull off any nits/eggs that are still present.

OLIVE OIL TREATMENT

Supplies:

Cooking Olive Oil (regular, not light)

Clarifying Shampoo (Suave)

Metal Lice Removal Comb

Shower Cap

Roll of Cotton (to prevent oil from dripping)

- Apply a generous amount of olive oil to your child's head and cover with a shower cap.
- This is messy so cover the pillows with a towel
- This should remain on for 6-8 hours or overnight, lice can hold their breath for hours.
- The olive oil clogs their air passages and suffocates them, so no additional nits will be laid.
- It will **not remove** any present nits/eggs; this must be done by pulling them off.
- WITHOUT wetting the hair, pour a lot of shampoo on the hair and work into a good creamy lather.
- Rinse and wash the hair a second time / DO NOT use conditioner at this time.
- Comb and dry hair as usual / after the hair is dry, inspect the hair with a bright light.
- Use the metal comb, and if you spot a nit/egg remove it with your fingernails.
- Nits/eggs look like a tear drop, stuck on the hair shaft on an angle and MUST be pulled off.
- Dandruff and product build up can easily come off easy if you blow on the strand of hair.