

XXXXX SCHOOL WOULD LIKE TO INVITE ALL PARENTS TO ATTEND:

“The Impact of Screens & Social Media: Keeping Your Kids Healthy & Safe”

Day, Date at 7:00PM

Location

Presented by:



Lauren Muriello, MA, LPC
Licensed Psychotherapist
Founder of Well Being Therapy Center
Montville & Short Hills, NJ

Lauren Muriello, LPC is the Founder of Well Being Therapy Center with locations in Montville, NJ and Short Hills, NJ.

She is a licensed psychotherapist and educational speaker having presented dynamic programs on trending topics in mental health and parenting education to hundreds of audiences throughout New Jersey.

Lauren and her staff provide individual, family, and group therapy to children, adolescents, and families. Lauren’s specialty has always been children and teen issues - including self-harm, social anxiety, and addressing how family dynamics impact adolescent development.

Lauren received her Bachelor’s Degree from Cornell University, and her Master’s Degree from Montclair State University.



well being therapy center

Lauren will address the Impact of Screens & Social Media on Children & Teens including:

- The impact of social media on children, teens and beyond
- The social media lifestyle - tech happy, or tech terrible?
- The latest research and trends - get in the know
- What’s the best age for Smartphones? Social Media?
- To Monitor or Not to Monitor, That is the Question
- How to Teach Critical Thinking Skills
- Take Control, or Lose Control
- Your Role as Parent - How to Really Get Through
- Creating a Healthy Balance for Your Child

PLEASE JOIN US FOR A WONDERFUL & IMPORTANT PROGRAM!

Any questions, please contact XXXXXXXXX