

September 2019

Hasbrouck Heights Middle/High Lunch

MSHS Price List Student Lunch: \$3.15 Reduced Lunch: \$0.40 Adult Lunch: \$3.65

A La Carte Snacks Fresh Fruit: \$0.75 Baked Chips: \$0.75 Fresh Baked Cookie: \$0.50

Beverages Milk: \$0.60 Juice Cup: \$0.55 Bottled Water - Small: \$0.65 Bottled Water

- Large: \$1.25 Sparkling Juice: \$1.25 Snapple: \$1.25

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Labor Day - No School

3

4

Early Dismissal - No Lunch Served

5

Early Dismissal

6

- Height's Pizzeria Pizza 
- Freshly Prepared Italian House Salad
- Maschio's Lemon/Cherry Frozen Sorbet


9

- Crispy Chicken BLT Sandwich
- Locally Grown Veggie Dippers

10

- Triple Beef Tacos with Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Steamed Rice
- Southwestern/Fiesta Corn


11

- Pasta with Meat Sauce 
- Garlic Bread
- Italiano Green Beans

12

- All-Natural Beef Hot Dog on a Bun
- Onion Rings
- BBQ Baked Beans

13

- Height's Pizzeria Pizza 
- Freshly Prepared Freshly Prepared Caesar Salad

16

- Spicy or Plain Chicken Tender Basket
- Soft Pretzel Stick
- Tater Tots



17

- Grilled Cheese Sandwich with Bacon and Tomato
- Tomato Soup
- Fresh Cucumber Coins


18

- Chicken Wings with Buffalo, BBQ or Teriyaki Sauce
- Freshly Prepared Spring Mix Salad
- Dinner Roll

19

-  General Tso's Chicken with Rice
- Steamed Broccoli
- Fortune Cookie 



20

- Height's Pizzeria Pizza 
- Freshly Prepared Freshly Prepared Caesar Salad


23

- Chicken Tender Hero
- Asian Slaw
- Jersey Fresh Pepper Dippers

24

- New Item  **Mozzarella Sticks and Chicken Tenders Sampler**
- Freshly Prepared Italian House Salad
- Jersey Fresh Watermelon 


25

- Creamy Mac & Cheese
- Soft Pretzel Stick
- Jersey Fresh Cucumber Coins
- Jersey Fresh Apple 

26

- Beef Nacho Platter with Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Steamed Rice
- Black Bean and Corn Salad

27

- Height's Pizzeria Pizza 
- Freshly Prepared Jersey Fresh Cucumber & Tomato Salad

30

- Popcorn Chicken Mashed Potato Bowl with Corn, Shredded Cheddar Cheese, and Gravy
- Dinner Roll