

## COVID-19 Student Exclusion Guidelines

# Hasbrouck Heights Public Schools

## COVID-19 Student Exclusion Guidelines

Children and staff with COVID-19 symptoms:

- At least two of the following: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headaches, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose; or
- At least one of the following: cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder.

regardless of vaccination status should be separated away from others until they can be sent home. If a mask is not worn by the ill student due to an exemption other staff should be sure to adhere to the universal mask and policy.

Individuals regardless of vaccination status, who test positive or individuals with COVID 19 symptoms who have not been tested and do not have an alternative diagnosis from their healthcare provider should:

- Stay home for at least 5 full days after the onset of symptoms or without symptoms after the positive test (day of symptoms is day 0, if without symptoms, day the test was performed is day 0).
- If they have no symptom or symptoms are resolving after 5 days and are fever free (without the use of fever-reducing medication) for 24 hours, they can leave their home and should:
  - Wear a mask when around others at home or in public (indoors or outdoors) for an additional 5 days. For these additional 5 days, schools should have a plan for adequate distancing during these activities (i.e., eating) when mask wearing is not possible. Time without a mask being worn should be kept to a minimum.
  - On days 6-10, limit participation in extracurricular activities to only those activities where masks can be worn consistently and correctly.

## COVID 19 Exclusion Criteria for Close Contacts

Exposed close contacts who have no COVID-19 compatible symptoms in the following groups should be excluded from school:

- Age 12 or older who completed the primary series of a recommended COVID-19 vaccine, but have not received a recommended booster when eligible.
- Persons who are not fully vaccinated.

Exclusion requirements:

- Stay home for at least 5 full days after the onset of symptoms or if asymptomatic after the positive test (day of symptoms is day 0, if asymptomatic, day the test was performed is day 0).
- If they have no symptom or symptoms are resolving after 5 days and are fever free (without the use of fever-reducing medication) for 24 hours, they can leave their home and should:
  - Wear a mask when around others at home or in public (indoors or outdoors) for an additional 5 days. For these additional 5 days, schools should have a plan for adequate distancing during these activities (i.e., eating) when mask wearing is not possible. Time without a mask being worn should be kept to a minimum.
  - On days 6-10, limit participation in extracurricular activities to only those activities where masks can be worn consistently and correctly.

Everyone should:

- Wear a well fitted mask around others for 10 days from the date of their last close contact with someone with COVID-19 (the date of last close contact is considered day 0).
- Get tested at least 5 days after having close contact with someone with COVID-19 unless they had confirmed COVID-19 in the last 90 days and subsequently recovered.
- Monitor for fever (100.4-F or greater), cough, shortness of breath, or other COVID-19 symptoms for 10-days after their last exposure.
- On days 6-10, limit participation in extracurricular activities to only those activities where masks can be worn consistently and correctly.

Exposed close contacts who have no COVID-19 symptoms in the following groups do not need to be excluded from school:

- Age 12 or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people.
- Age 5-12 years and completed the primary series of COVID-19 vaccines.
- Had confirmed COVID-19 within the last 90-days (tested positive using a viral test)

