

## Current\* Hasbrouck Heights District Covid-19 Protocols

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### COVID-19 exclusion (isolation) criteria for individuals who test positive for COVID-19:

- If a student has COVID-like symptoms, they should be tested for Covid-19.
- Stay home for at least 5 full days after a positive COVID test. Day Zero is the day of the positive test. Day 1 is the next day.
- If the student has no symptoms or symptoms resolve after 5 days and the student is fever-free (without the use of fever-reducing medication) for 24 hours, the student can return to school **and must wear a mask days 6-10**.
- If the student is unable to wear a mask in school days 6-10, the student should stay home from school and may return on Day 11.

### For all COVID exposures, it is recommended that the exposed person wear a mask in school and at all indoor activities for 10 days.

- The student should wear their mask from day 0 through day 10.
  - Day 0 is the day of the student's last exposure to someone with COVID-19.
  - Day 1 is the first full day after the student's last exposure.

\* Please refer to the CDC guidelines and the [CDC LINK](#) for the isolation calculator to determine return to activities date.

CDC LINK: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>

\*Last Updated December 12, 2022