



Mrs. Bernstein's AP Psychology Course Summer Assignment

WELCOME!!!!

I am so very excited that you have chosen to further pursue your interest in the field of psychology, and are committing to take on the challenge of AP Psych! This is a **RIGOROUS, COLLEGE LEVEL COURSE**, and is run as such. (It also happens to be one of my very favorite subjects to teach, and hopefully will be your very favorite material to learn.) I thoroughly enjoy being with you every step of the way.

That being said, however; please keep in mind that *fifty percent of the success in this course comes from the teaching of the material, and fifty percent comes from what you are willing to put into it.* Like an academic athlete; I expect you to exercise your psychology brain **EVERY NIGHT**. Students who are disciplined dedicated, and put in the required effort tend to do well on the AP exam.

Now to the fun stuff. (Okay, not really, but I'm not kidding, we get down to business right away. Fun stuff when you get a 5 and are proud of yourself.)

First things First:

Make sure that you are qualified by guidance to take this course

Sign into our Google Classroom, I will be sending you videos and assignments through here :vj3b11

Sign up for Remind; it's the easiest way to quickly get in contact with me; especially over the summer.

Make sure you get your AP text. This book will be your constant companion and BF this year. DO NOT LOSE IT...It's worth a small fortune! Treat it with care and love; it's going to act like your second brain!!!

******* YOU MUST WATCH THE TWO VIDEOS THAT I ASSIGNED TO YOUR GOOGLE CLASSROOM ON HOW TO TAKE PSYCHOLOGY NOTES. YOU WILL BE USING THIS FORMAT FOR THE REST OF YOUR TIME IN AP: NOW IS A GREAT TIME TO START.**

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Assignment #1. Failing to prepare is preparing to fail. Please purchase your supplies for this class. I HATE waiting until the last minute, and I hate waiting on those crazy Staples/Target/CVS lines even more. (Which is why Amazon LOVES the Bernsteins:) Anyway; you will need the following:

***A LARGE 3 ring binder, with endless paper supply.** (Not kidding on the note-taking)

***A Large Notebook** to keep at home (your choice, I prefer a large spiral notebook) for transferring the day's notes .

***Colored pens/pencils/crayons** for charts and illustrations

****** An AP prep book.** I prefer the **Barron's**, and have always worked out if it. However, there are several out there, pick one. (Did I mention I really like the **Barron's** version??) You can find them cheaply online...they don't have to be the most current year. YES. YOU NEED TO HAVE THIS, and I will check who does and does not have one the first week of school.

Assignment #2. You are being assigned the first two chapters in Meyers Text: (If you want to go ahead and begin reading the others though, it couldn't hurt!)

Unit 1: Psychology's History and Approaches

Unit 2: Research Methods: Thinking Critically

1)You are to read and **study**, **AND OUTLINE USING THE NEW NOTE FORMATS THAT CAN BE FOUND IN YOUR GOOGLE CLASSROOM** these chapters in the book, and will be tested on the material in the first week of school.

2)You are to then completely fill out the two accompanying study guides . The pages do not follow our new text; so you may have to hunt for some of the material on your own. I will also be checking your handwritten outlines. I will be collecting them and checking them on the first day of class.

3)You are then to create **FLASHCARDS** for each of the vocabulary words; I will be collecting these huge stacks of fun on the first day. These will help you the entire year, and you will receive a grade on them. AP psych has a **mind-numbing** amount of concepts contained within it, and although flashcards are "old-school", they are a tried and true study method to commit information to memory. You will be doing this all year for all the chapters; find a way to keep them organized at home, you'll want them.

Assignment #3 – “The Dinner Party”

Research the ideology and beliefs of 10 of psychology’s most influential individuals using your book. (But don’t ignore the other theorists in Chapter 1.. Just ‘cause I didn’t invite them, it doesn’t make them less special!!!) Create a seating arrangement for a dinner party for 10 of the great minds of psychology. Briefly Explain and justify your reasons for who sits together in terms of theories and theoretical perspectives.

1. Wilhelm Wundt
2. Sigmund Freud
3. Edward Titchner
4. Abraham Maslow
5. John Watson
6. Charles Darwin
7. Ivan Pavlov
8. B.F. Skinner
9. Carl Rogers
10. William James

Assignment #4

Define the following vocabulary terms. (You did this on your flashcards, so you have them already...EASY!) Once you have defined the vocabulary terms, use your understanding of their definitions to group appropriate terms together and provide a **brief** rationale for your term groupings/associations. *There should be a minimum of 4 groupings.* These terms will be utilized during the first unit and will be included in your course assessments and on the AP Psychology Examination.

Psychology	Sociocultural
Empiricism	Humanistic
Structuralism	
Functionalism	Behavioral
Applied Research	Cognitive
Psychiatry	
Natural Selection	
Basic Research	
Nature vs. Nurture Issue	
Biopsychosocial Approach	
Levels of Analysis	
Approaches to Psychology	
Biological	
Evolutionary	
Psychodynamic	

You have 2 months to complete this; please read carefully, DO NOT WAIT until the last minute, and if you have any questions at all, don't hesitate to contact me, either through Remind (better) or school email. If I don't hear or speak to you until September, have a fantastic summer, and enjoy every minute!!!!!!!

Best wishes or a safe and awesome summer!!!!!!!!!!!!!!

Mrs. Bernstein

