

No matter how it's delivered, **nicotine is harmful** for youth and young adults.¹

E-cigarettes contain nicotine, ultrafine particles, heavy metals and volatile organic compounds, such as benzene, which is found in car exhaust.¹

Defective e-cigarette batteries have been known to cause fires and explosions.¹



***For more information or for assistance with treatment please call,
Bergen County Office of Alcohol and Drug Dependency, 201-634-2740***
Addiction fits the AMA criteria for a "chronic disease": its *primary, progressive, chronic and fatal.*

1. Surgeon Generals Report—Know the Risks of E-cigarettes and Young People

