



For siblings of children with disabilities  
or special healthcare needs.

SIBSHOPS is a program that provides the opportunity for children to meet and connect with other peers who have a brother or sister with a disability or special health care needs. Siblings, ages 7-13 years, are invited to take part in activities with our experienced Child Life and Social Work staff.

Children have the opportunity to make new friends, play games, make crafts, and share about themselves and their families in a safe and supportive environment.



#### ABOUT SIBSHOPS

**Sibshops** is a nationally-based program which operates in more than 25 children's hospitals across the country. The program provides a therapeutic environment and allows for wellness interaction among siblings of children with special needs.

Most of the over five million children with disabilities and chronic health impairments in this country have brothers and sisters. Despite a clear need for services and considerations, many of these siblings grow up without resources, such as access to support programs and information that would help them in their roles.

**Sibshops** provide peer support and educational opportunities for siblings of children with special health and developmental needs. It also increases the awareness of parents' understanding of sibling issues and their needs.

#### REGISTER FOR SIBSHOPS

The Joseph M. Sanzari Children's Hospital **sibshops** programs are offered for children who are between the ages of 7 and 13 years old and are siblings of patients with special health and developmental needs.

Programs are offered approximately once per month and take place at HackensackUMC Fitness & Wellness Powered by the Giants located at 87 Route 17 North in Maywood, NJ. Parking is available and refreshments are served.

A \$10 donation is requested to register.



For more information  
about **Sibshops** at  
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