

If you really want to fit in,
STAY SOBER.

**Most young people
don't drink alcohol.**

**Research shows
that almost 75% of
12 to 20 year olds
have not used any
alcohol during the
past month.²**

**Each year,
approximately
5,000 people
under the age
of 21 die as a
result of
underage
drinking.¹**

**Adults who had taken
their first drink
before age 15 were
7 times more likely
to experience
alcohol problems as
those who had not
started drinking
before age 21.²**

*For more information or for assistance with treatment please call,
Bergen County Office of Alcohol and Drug Dependency, 201-634-2740*

Addiction fits the AMA criteria for a "chronic disease": its primary, progressive, chronic and fatal.

1. National Institute on Alcohol Abuse and Alcoholism, 2. Substance Abuse and Mental Health Services Administration

