



BERGEN COUNTY COMMUNITY RESOURCE GUIDE



2015

Thank you Bergen County Voluntary Organizations Active in Disaster (VOAD) Long Term Recovery Committee (LTRC) for your collaboration on this resource guide. Bergen County VOAD is a program of the Volunteer Center of Bergen County.



INTRODUCTION

Welcome to the Bergen County Community Resource Guide. The Bergen County Department of Health Services (BCDHS) is committed to supporting communities impacted by Hurricane Sandy through response, recovery, and community resiliency efforts.

We understand the complexity involved in recovering from the aftermath of Superstorm Sandy. Inside you'll find many free and low cost resources for people living in Bergen County and who have ongoing Sandy long-term health, psychological stress, and social service needs.

Programs may change. For the most recent version of this guide, please visit www.bergenhealth.org/recovery.

This resource guide was developed under the Social Services Block Grant from the New Jersey Department of Health. The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of BCDHS.

24-HOUR HELPLINES & HOTLINES



NJ 2-1-1 Partnership:

Dial 2-1-1 or go to www.nj211.org

Services: Provides state or local health and human services resources for everyday and urgent concerns; services; Language translation and TTY services available. The website provides easy access to resources database.

Bergen County Crisis Counselors:

[201-262-HELP \(4357\)](tel:201-262-HELP)

Services: Provides emergency mental health services to residents of Bergen County.

Addictions Hotline: [800-238-2333](tel:800-238-2333)

Services: Educates, assists, interviews and/or refers individuals and families battling addictions. Calls are free and information shared is confidential.

Disaster Distress Helpline: [800-985-5990](tel:800-985-5990)

Services: Provides crisis counseling and support. Text "TalkWithUs" for English or "Hablamos" for Spanish to 66746.

Domestic Violence Hotline:

[800-572-SAFE \(7233\)](tel:800-572-SAFE)

HELP
LINES

SANDY RECOVERY INFORMATION & PROGRAMS

SANDY
INFO



Hurricane Sandy Long term Recovery Committee Recovery Information Center (Bergen County VOAD-LTRC)

Contact: [201-957-2216](tel:201-957-2216)

Hours: Monday–Friday, 10:00 am - 5:00 pm
Closed on Saturdays and Sundays

Website: www.bergenvoad.org

Services: Provides comprehensive services for Bergen County residents who have been adversely affected by Hurricane Sandy.

Sandy Home Repair Advocacy Program (HRAP)

Contact: [201-957-2216](tel:201-957-2216)

Services: Provides home repair and advocacy for eligible seniors and persons with disability to replace or repair damages to their primary residence/property.

Sandy Housing Counseling Program (Greater Bergen Community Action)

316 State St., Hackensack, NJ

Contact: [201-374-8838](tel:201-374-8838)

Hours: Monday–Friday, 9:00 am - 5:00 pm

Services: Provides free HUD-certified housing counseling services to renters and homeowners who were impacted by Super storm Sandy.

Sandy Relief Home Access Program (NJ Division of Disability Services)

Contact: [1-888-285-3036](tel:1-888-285-3036)

Services: This program provides funding for vertical platform lifts. Formerly the Sandy relief Modular Ramp Program.

State Housing Recovery Programs

Website: www.renewjerseystronger.org

Contact: 1-855-SANDYHM (726-3946)

Hours: Monday–Friday, 9:00 am - 6:00 pm

Services: This site provides up-to-date information on housing recovery programs for homeowners, renters, landlords; and recovery programs for businesses and communities.

HOUSING ASSISTANCE

HOUSING

Eviction Prevention & Rental Assistance

Bergen County Housing Coalition
(Affiliate of Greater Bergen Community Action)
389 Main St #215, Hackensack, NJ

Contact: [201-488-6767](tel:201-488-6767)

Website: www.greaterbergen.org

Areas Served: Bergen County

Services: Free or low cost legal guidance on landlord-tenant issues and solutions to problems in the areas of rights/responsibilities under NJ Law, state and local property maintenance codes, and other applicable statutes.



Center for Food Action

192 West Demarest Ave., Englewood NJ

Contact: [201-569-1804](tel:201-569-1804)

Website: www.cfanj.org

Hours: Monday–Friday 9:00 am-5:00 pm;

Tuesday, 9:00 am-7:00 pm;

first Saturday of every month: 10:00 am-1:00 pm

Areas Served: Bergen County

Services: Provides funds for paying security deposits available to low income and Section 8 recipients.

Funds can also be used to pay for first month's rent for a new home or apartment, or for back rent. If facing eviction. CFA locations also available in Fairview, Hackensack, Mahwah, Ridgefield, Ringwood, and Saddle Brook.

Fair Housing Council

131 Main St #140, Hackensack, NJ

Contact: [201-489-3552](tel:201-489-3552)

Website: www.fairhousingnj.org

Areas Served: Bergen County

Services: Fights housing discrimination. Helps people find housing that they can afford. Provides mortgage counseling, pre-mortgage counseling, and pre-foreclosure counseling. No financial aid.

HOUSING

**Greater Bergen
Community Action (GBCA)**
241 Moore St #1, Hackensack, NJ

Contact: [201-968-0200](tel:201-968-0200)

Website: www.greaterbergen.org

Areas Served: Bergen County

Services: Homeless Prevention and Rapid Re-housing Program (HPRP). Offers financial support to prevent eviction, to pay deposits and first month's rent. Also helps with affordable housing, eviction prevention and emergency social services.

Housing Authority of Bergen County
One Bergen County Plaza, 2nd Floor,
Hackensack, NJ

Contact: [201-336-7600](tel:201-336-7600)

Website: www.habcnj.org

Hours: Monday–Friday, 9:00 am - 4:30 pm

Areas Served: Bergen County

Services: Runs the Section 8 Housing Choice Voucher Program, a rental assistance subsidy program funded by the U.S. Department of Housing and Urban Development (HUD). The program reduces rental costs to eligible low-income households.

NJ State Housing Assistance Program

100 First St., Suite 207, Hackensack, NJ

Contact: [201-996-8990](tel:201-996-8990)

Services: Financial assistance with paying rent for eligible older adults.

Social Service Association of Ridgewood

6 Station Plaza, Ridgewood, NJ

Contact: [201-444-2980](tel:201-444-2980)

Website: www.ridgewoodssa.com

Hours: Monday–Thursday, 9:00 am–3:00 pm,
Friday – Sunday, Closed

Areas Served: Ridgewood, Glen Rock, Ho-Ho-Kus,
Midland Park, Waldwick, and Wyckoff

Services: Resources for low-income persons, the elderly, and the disabled who are in need of rental assistance.

Urban League for Bergen County

40 North Van Brunt St., Suite 28B,
Englewood, NJ

Contact: [201-568-4988](tel:201-568-4988)

Website: www.ulbcnj.org

Hours: Monday–Friday, 9:00 am–5:00 pm

Areas Served: Bergen County

Services: Mortgage assistance, housing counseling, referrals, foreclosure counseling, affordable healthcare, employment counseling.

HOUSING

WorkFirst New Jersey
(Hackensack Dept. of Human Services)
215 State St., Hackensack, NJ

Contact: [201-646-3947](tel:201-646-3947)

Hours: Monday–Friday, 9:00 am–4:00 pm

Areas Served: Hackensack

Services: General assistance and state-funded program, which provides rent assistance, financial aid and housing help, utilities, and other aid.

Loan Modification &
Foreclosure Prevention

Fair Housing Council
131 Main St., Hackensack, NJ

Contact: [201-489-3552](tel:201-489-3552)

Website: www.fairhousingnj.org

Areas Served: Bergen County

Services: Fights housing discrimination. Helps people find affordable housing. Provides mortgage counseling, pre-mortgage counseling, and pre-foreclosure counseling. No financial aid.

Homeownership Preservation Foundation Hotline

Contact: [888-995-4673](tel:888-995-4673)

Website: www.995hope.org

Hours: 24 hours a day, 7 days a week,
365 days a year, in over 170 languages

Areas Served: NJ

Services: Through its Homeowner's HOPE™ Hotline, HPF provides free comprehensive financial education and confidential foreclosure prevention counseling.



HOUSING

LEGAL ASSISTANCE



LEGAL

Community Health Law Project (CHLP)

**650 Bloomfield Ave., Suite 210,
Bloomfield, NJ**

Contact: [973-680-5599](tel:973-680-5599)

Website: www.chlp.org

Areas Served: North, East, Central, & South NJ

Services: A not-for-profit agency that provides legal assistance to survivors of Hurricane Sandy. This may include but not be limited to credit card issues, landlord-tenant, consumer or health issues, and an array of civil litigation issues. A CHLP attorney and advocate will meet with residents at their local office.

Community Health Law Project (CHLP)

One Bergen County Plaza, 4th Floor,
Hackensack, NJ

Contact: [201-634-2762](tel:201-634-2762) or [201-634-2763](tel:201-634-2763)

Hours: Monday–Friday, 9:00 am - 4:30 pm

Areas Served: Bergen County

Services: Provides free legal services to eligible clients who are involved in civil matters only such as those related to Social Security, Disability, housing, landlord-tenant and family law.

Legal Services of New Jersey (LSNJ)

40 North Van Brunt St., Suite 28B,
Englewood, NJ

Contact: [888-222-5765](tel:888-222-5765)

Website: www.lsnjlawhotline.org

Hours: Monday–Friday, 8:00 am-5:30 pm

Services: Advice, information, and referrals for low-income people in civil legal matters.

LEGAL

Northeast New Jersey Legal Services (NNJLS)

One Bergen County Plaza, 2nd Floor,
Hackensack, NJ

Contact: [201-487-2166](tel:201-487-2166)

Website: www.lsnj.org/nnjls

Email: nnjls@lsnj.org

Areas Served: Bergen, Hudson, and Passaic counties

Services: Comprehensive legal representation for low-income, senior and disabled residents who have civil legal problems and cannot afford a private attorney.

Volunteer Lawyers for Justice

P.O. Box 32040, Newark, NJ

Contact: [855-301-2525](tel:855-301-2525)

Website: www.vljnj.org

Areas Served: NJ

Services: Provides free legal services, through volunteer attorney assistance, to New Jersey's under-served residents on a wide range of civil legal issues. **Hurricane Sandy-specific cases only.**

EMOTIONAL, MENTAL, & SPIRITUAL CARE



EMOTIONAL
CARE

The Addictions Hotline

Contact: [800-238-2333](tel:800-238-2333) or dial [211](tel:211)

Website: www.nj211.org/AddictionsHotline.cfm

Services: Provides free, personal assistance to those attempting to navigate the health and human services system, government assistance programs, and local community resources.

Bergen County Division of Mental Health Services (BCDHS)

Contact: [201-634-2750](tel:201-634-2750)

Website: www.co.bergen.nj.us

Services: provides advocacy, information and referral for all mental health disorder needs including but not limited to Outpatient Services, Partial Hospitalization, Short-term and Long-term Inpatient Treatment Services, Psychiatric Screening, Case Management, Vocational Rehabilitation, Consumer Support and Social Programs and Supportive Housing, etc. regardless of the resident's ability to pay.

Bergen County Office of Alcohol and Drug Dependency (BCDHS)

Contact: [201-634-2740](tel:201-634-2740)

Website: www.co.bergen.nj.us

Services: Provides advocacy, information and referral for all substance use disorders including but not limited to Assessment, Intensive Outpatient Treatment, Outpatient Treatment, Detoxification Services, Short-term Residential Treatment, Halfway House Services and Self-Help Groups regardless of the resident's ability to pay. Provides oversight of the Bergen County Addiction Recovery Program (ARP), Intoxicated Drive Resource Center (IDRC) and Spring House.

Center for Hope and Safety

Contact: [201-836-1075/201-944-9600](tel:201-836-1075) (hotline)

Website: www.hopeandsafety.org

Services: Hotline available 24/7. Formerly Shelter Our Sisters, the Center for Hope and Safety is dedicated to assisting victims of domestic violence and their children, by turning fear into safety, helplessness into strength, and isolation into hope.

Comprehensive Behavioral Healthcare, Inc.

Contact: [201-646-0195/201-646-0333](tel:201-646-0195)

Website: www.cbhcare.com

Services: Provides free services for families. Services include counseling, adolescent, rehabilitation, and residential services.

Disaster Distress Helpline

Contact: [800-985-5990](tel:800-985-5990)

Website: www.disasterdistress.samhsa.gov

Hours: 24-hour, seven-days-a-week

Services: Provides crisis counseling and support. Text, "TalkWithUs" for English or "Hablamos" for Spanish to 66746.

The Domestic Violence Hotline

Contact: [800-572-SAFE \(7233\)](tel:800-572-SAFE)

Website: <http://www.state.nj.us/dcf/women/domestic/>

Areas Served: 24-hour, seven-days-a-week

Services: Provides information to domestic violence victims and others seeking crisis intervention, information and/or referral services.

FDU Center for Psychological Services

131 Temple Ave., Hackensack, NJ

Contact: [201-692-2645, ext.1](tel:201-692-2645)

Website: www.fdu.edu/cps

Hours: Monday–Thursday 9:00 am–9:00 pm; Friday 9:00 am–5:00 pm; limited weekend hours available

Services: The center offers comprehensive neuropsychological, educational, and psychological testing, as well as individual, couples, group, and family therapies for children, adolescents and adults. Fees for student providers are on a sliding scale; fees for doctoral level providers are competitive.

Halfway House for Women CarePlus NJ

610 Valley Health Plaza, Paramus, NJ

Contact: [201-986-5000/201-265-8200](tel:201-986-5000)

Website: www.careplusnj.org

Hours: Monday, 9:00 am–5:00 pm; Tuesday–Thursday, 9:00 am–9:00 pm; Friday, 9:00 am–4:00 pm

Services: Provides comprehensive recovery, focused on integrated primary mental care and substance abuse rehabilitation services.

Jewish Family Services

1485 Teaneck Road, Teaneck, NJ

Contact: [201-837-9090](tel:201-837-9090) x 216

Website: www.jfsbergen.org

Areas Served: Bergen and North Hudson, NJ

Hours: Monday, Wednesday, 9:00 am-9:00 pm;

Tuesday, Thursday 9:00 am-5:30 pm;

Friday 9:00 am-3:00 pm

Services: Provides human services and professional counseling.

Mental Health Screening CarePlus NJ

Contact: [201-262-HELP \(4357\)](tel:201-262-HELP)

For appointments call: [201-986-5000](tel:201-986-5000)

Website: www.careplusnj.org/psychiatric-emergency-screening-program/

Hours: 24-hours a day, 365 days a year

Services: Provides emergency mental health services to residents of Bergen County. There is a fee for all evaluation, however it is often covered by health insurance. No individual will ever be denied services due to an inability to pay.

NJ Self-Help Group Clearinghouse

Contact: [800-367-6274](tel:800-367-6274)

Website: www.NJgroups.org

Services: Finds support groups for mental illness, addiction groups, physical illness, disability, loss of a loved one, parenting situations, caregivers concerns, etc.

EMOTIONAL
CARE

The Sandy Stress Line (NJ Mental HealthCares)

Contact: [866-202- HELP \(4357\)](tel:866-202-HELP)

Website: www.njmentalhealthcares.org

Hours: Monday–Friday, 8:00 am–8:00 pm

Services: Provides callers information and connects them to the behavioral health and services they need, such as: legal, housing, employment, rehabilitation, inpatient and outpatient, self-help and more. Professional staff also provides supportive counseling, psycho-education, advocacy and case management to ensure every caller is linked to their desired service plan.

EMOTIONAL
CARE



HEALTH & MEDICAL (HELP WITH BILLS)



Catastrophic Illness in Children Relief Fund

Contact: [800-335-3863](tel:800-335-3863)

Website: www.njcatastrophicfund.org

Hours: Monday–Friday, 8:00 am–5:00 pm

Services: Provides eligible families with financial assistance to help them cover medical expenses that were previously incurred because their child became catastrophically ill or injured. Covered expenses include, but are not limited to, special ambulatory care, acute or specialized in- or out-patient hospital care, medical equipment, medically-related home modifications, home health care and medical transportation.

HEALTH &
MEDICAL

Hospital Care Payment Assistance Program (Charity Care)

Contact: [800-588-5696](tel:800-588-5696)

Website: www.state.nj.us/health/charitycare

Services: Provides free or very low cost medical care for lower income patients who receive outpatient or inpatient services at an acute care hospital in NJ.

New Jersey Family Care

Contact: [800-701-0710](tel:800-701-0710)

Website: www.njfamilycare.org

Hours: Monday/Thursday, 8:00 am-8:00 pm; Tuesday, Wednesday, and Friday: 8:00 am-5:00 pm

Services: Provides free or very low-cost health insurance to lower income working families and also their children. Those eligible for aid from this program include parents with incomes up to 138% of the federal poverty level, and children who are in families earning up to 350% of the federal poverty level.

NJ WorkAbility

Contact: [888-285-3036](tel:888-285-3036) prompt #7

Website: www.state.nj.us/humanservices/dds

Hours: Monday–Friday, 9:00 am-5:00 pm

Services: Provides health insurance coverage to those who work, and whose income makes them ineligible for Medicaid. It will also help the disabled with paying their medical bills and outstanding debt.

HEALTH AND SCREENING SERVICES

The Bergen County CEED Program (Cancer Education and Early Detection)

Contact: [201-634-2660](tel:201-634-2660)

Services: Provides comprehensive outreach, education and screening services for breast, cervical, colorectal and prostate cancers. Screenings focus on healthy people who do not have symptoms. This program does not provide treatment for people who have already been diagnosed with cancer. Program services are provided by area hospitals. Free Breast, Cervical and Colorectal Cancer Screening Tests. Services also available in Korean, Polish, Spanish, and other languages.

The Bergen County HIV Counseling and Testing Center

Contact: [201-336-3350](tel:201-336-3350)

Hours: Monday, Tuesday, Thursday, Friday: 9:00 am-8:00 pm; Wednesday: 9:00 am-5:30 pm; Saturdays twice a month, please call for Saturday hours.

Services: Provides free and confidential HIV testing and Counseling. Se Habla Español.

Lighthouse Pregnancy Resource Center

Contact: [201-501-8876](tel:201-501-8876);

For free, confidential help TEXT [201-677-2394](tel:201-677-2394)

Website: www.lighthouseprc.org

Services: FREE and confidential services include pregnancy tests, medical confirmation of pregnancy via ultrasound, options education, limited STD screening, material resources and referrals, and post-abortion counseling. Same day appointments can usually be accommodated. At Lighthouse, we care about you and your physical, emotional and spiritual health.

Tuberculosis/Chest Clinic for Bergen County

Contact: [201-634-2676](tel:201-634-2676); [201-634-2656](tel:201-634-2656); [201-634-2677](tel:201-634-2677)

Services: TB case management and chest clinic services including medical diagnosis and treatment for TB; TB Medications, and direct observation therapy.

HEALTH
SCREENING





VETERAN SERVICES

VETERAN

Hope for Veterans

Contact: [1-855-483-8466](tel:1-855-483-8466) (referral hotline)

Website: www.communityhope-nj.org

Services: Provides supportive services for veteran families at risk of homelessness; provides case management services.

Operation Red Shield (The Salvation Army)

Contact: [908-851-9300](tel:908-851-9300)

Website: [www.newjersey.salvationarmy.org/
NewJersey/veterans](http://www.newjersey.salvationarmy.org/NewJersey/veterans)

Services: Provides assistance to current military personnel, dependent family members and veterans. Information, referrals, advocacy, pastoral counseling and needs-based financial assistance are available on an individual basis.

FAMILY SUPPORT SERVICES



Bergen County
Department of Human Services
(Office of Special Child Health Services)
One Bergen County Plaza, 2nd Floor,
Hackensack, NJ

Contact: [201-634-2621](tel:201-634-2621)

Website: www.co.bergen.nj.us

Services: Provides assistance to special needs children and their families; case management support for individuals impacted by Hurricane Sandy.

FAMILY
SERVICES

Center for Hope and Safety

12 Overlook Ave., Ste. C, Rochelle Park, NJ

Contact: [201-300-6666](tel:201-300-6666)/[201-944-9600](tel:201-944-9600) (hotline)

Website: www.hopeandsafetynj.org

Services: Hotline available 24/7. Provides support services and assistance to help women and their dependents attain safety, build a strong foundation for healing, gain self-reliance and stop the cycle of violence. Case manager assistance also available for children impacted by Hurricane Sandy.

Jewish Family Service

1485 Teaneck Road, Teaneck, NJ

Contact: [201-837-9090](tel:201-837-9090) x 216

Website: www.jfsbergen.org

Areas Served: Bergen and North Hudson, NJ

Hours: Monday/Wednesday, 9:00 am-9:00 pm;

Tuesday/Thursday, 9:00 am-5:30 pm;

Friday, 9:00 am-3:00 pm

Services: Provides human services and professional counseling.

FAMILY
SERVICES



Family Support Organization of Bergen County

0-108 29th St., Fair Lawn, NJ

Contact: [201-796-6209](tel:201-796-6209)

Website: www.fsobergen.org

Areas Served: Bergen County

Services: Provides education, support and direct family-to-family peer support to family members of children with emotional and/or behavioral challenges. Some of the services include a Warm Line, Peer-to-Peer Support, weekly support groups, Youth Partnership, and Community Development.

Meadowlands Family Success Center

Contact: [201-464-4714](tel:201-464-4714)

Website: www.meadowlandsFSC.org

Areas Served: Little Ferry and Moonachie area, as well as the surrounding communities

Services: Provides support, information and services such as access to child, maternal and family health information; family goal setting; economic self-reliance/employment related services; information and referral services; life skills training; housing related services; parent education; parent-child activities; advocacy; home visiting; Hurricane Sandy recovery/support; financial assistance for individuals impacted by Hurricane Sandy.

PRAHD (Puerto Rican Association for Human Development)

Contact: [732-442-1081](tel:732-442-1081)

Website: www.prahd.org

Services: Provides assistance to underserved Hurricane Sandy survivors with their long term recovery efforts; long-term case management to underserved Sandy survivors in need of resources.

SPAN (Statewide Parent Advocacy Network)

Contact: [973-642-8100](tel:973-642-8100)

Website: www.spanadvocacy.org

Services: Support and technical assistance to Sandy-impacted families in Bergen County that have children/youth with disabilities.

Traumatic Loss Coalition/ Turning the Tides Program

Contact: [732-235-2810](tel:732-235-2810)

Website: www.ubhc.rutgers.edu/tlc

Services: Provides programs targeting youth in grades K-12. This initiative uses proven strategies to promote healing and increase resiliency among youth and families, equipping them with skills and knowledge necessary to recover from the effects of Super Storm Sandy. Services, free of charge, in the most storm impacted schools and communities. Schools as well as interested individuals are encouraged to call.

FAMILY
SERVICES

SENIOR SUPPORT SERVICES



Bergen County's Aging and Disability Resource Connection (ADRC)

Contact: [201-336-7400](tel:201-336-7400)

Website: www.co.bergen.nj.us

Services: Refers homebound individuals and their caregivers to care management. ADRC care managers can help care recipients and their families understand the complex long-term care community-based system and obtain needed services. Helps older adults, individuals with disabilities over the age of 18 and their caregivers, access the complex, long-term care, community-based, health and human services.

SENIOR
SERVICES

Bergen County
Division of Senior Services
One Bergen County Plaza, 2nd Floor,
Hackensack, NJ

Contact: [201-336-7400](tel:201-336-7400); [1-877-222-3737](tel:1-877-222-3737)

Website: www.co.bergen.nj.us

Services: Provides information and assistance about various resources and services. This agency is the primary agency that plans and coordinates services for county residents age 60 and above and their caregivers. Some of the programs are Meals on Wheels, State Health Insurance, and ADRC Care Management.

Meals on Wheels/Senior Lunch
Nutrition Prog. (Bergen County
Department of Human Services)
One Bergen County Plaza, 2nd Floor,
Hackensack, NJ

Contact: [201-336-7420](tel:201-336-7420)

Website: www.co.bergen.nj.us

Services: Provides a mid-day meal that is delivered directly to homebound adults. It assists eligible adults who are unable to shop and prepare their own meals, to remain in the community with independence and dignity. **To learn more about the services, please download:** www.co.bergen.nj.us/DocumentCenter/View/2707

SENIOR
SERVICES

State Health Insurance Program (SHIP)

64 Passaic St. Hackensack, NJ

Contact: [800-792-8820](tel:800-792-8820); [201-336-7400](tel:201-336-7400)

Website: www.state.nj.us/humanservices/doas/services/ship/

Services: Provides training to help explain Medicare benefits to new enrollees and offers one-on-one counseling and assistance to people with Medicare and their families.

Volunteer Center of Bergen County (Chore Service)

64 Passaic St. Hackensack, NJ

Contact: [201-489-7790](tel:201-489-7790)

Website: www.bergenvolunteers.org

Services: Provides minor household repairs for seniors (60+) and people with disability of all ages, helping them to remain safe and live independently in their own homes. No charge for service except for materials.

SENIOR
SERVICES

UTILITY & HEATING (HELP WITH BILLS)



UTILITY &
HEATING

NJ SHARES

Contact: [866-657-4273](tel:866-657-4273)

Website: www.njshares.org

Services: Provides relief to people who are not eligible for other types of assistance to pay their energy and water bills.

Payment Assistance Gas and Electric (PAGE)

Contact: [1-855-465-8783](tel:1-855-465-8783)

Website: www.njpoweron.org/page-application.html

Services: This program is designed to assist moderate income households. You can receive a grant of up to \$1,400 (depending on the balance owed) toward your PSE&G bill.

New Jersey Comfort Partners

Contacts:

PSE&G: [888-773-8326](tel:888-773-8326)

Jersey Central Power & Light: [800-207-9276](tel:800-207-9276)

Atlantic City Electric: [888-773-8326](tel:888-773-8326)

Elizabethtown Gas: [888-773-8326](tel:888-773-8326)

NJ Natural Gas: [888-773-8326](tel:888-773-8326)

South Jersey Gas: [888-773-8326](tel:888-773-8326)

Website: www.njcleanenergy.com/residential/programs/comfort-partners/comfort-partners

Services: If eligible, participants receive: Installation of cost-effective energy efficiency measures in the home which can include: efficient lighting products; hot water conservation measures (water heater insulation, water heater pipe insulation and energy-saving showerheads and aerators); replacement of inefficient refrigerators; thermostats; insulation upgrades (attic, wall, etc.); blower-door guided air sealing; duct sealing and repair; heating/cooling equipment maintenance and other measures.



UTILITY &
HEATING

Low Income Home Energy Assistance Program (LIHEAP)

Contact: [1-800-510-3102](tel:1-800-510-3102)

Website: www.state.nj.us/dca/divisions/dhcr/offices/hea.html

Services: Provides heating assistance, help in a crisis situation, and assists with cooling bill expenses if someone has a medical need. In order to get more information or to apply for LIHEAP in NJ, call your local community action agency or a non-profit social service organization in your town or city.

New Jersey Lifeline Assistance Program 12B Quakerbridge Plaza, Mercerville, NJ

Contact: [1-800-792-9745](tel:1-800-792-9745) prompt #5

Website: www.state.nj.us/humanservices/doas/home/lifeline.html

Services: Lifeline is a utility assistance program that offers \$225 to persons who meet the eligibility requirements of the PAAD program or who receive Supplemental Security Income (SSI). This includes utility customers (gas and/or electric) as well as tenants whose utility bills are included in their rent. Only one tenant in a household is entitled to this assistance.

FOOD PANTRIES AND BANKS



BERGENFIELD

Bergenfield Borough Hall

198 N. Washington Ave, Bergenfield, NJ

Contact: [201-387-4055](tel:201-387-4055)

Hours: Monday-Friday, 8:30 am- 4:00 pm

Area Served: Bergenfield residents

Information Needed: Proof of Bergenfield residence

BOGOTA

St. Joseph's Church

115 E. Fort Lee Road, Bogota, NJ

Contact: [201-342-6300](tel:201-342-6300)

Hours: Tuesday 12:30 pm-2:00 pm, Wednesday 5:30 pm-7:00 pm, Thursday-Monday 8:00 am-4:30 pm

Area Served: Bogota and Teaneck residents

Information Needed: Proof of residence

CLIFFSIDE PARK

Church of the Epiphany Food Pantry

247 Knox Ave, Cliffside Park, NJ

Contact: [201-943-7320](tel:201-943-7320)

Hours: Monday-Friday 9:00 am-2:00 pm

Area Served: anyone who needs assistance

Website: www.epiphanyfoodpantry.moonfruit.com

Information Needed: ID

CLOSTER

Closter Borough Hall

295 Closter Dock Road, Closter, NJ

Contact: [201-784-0600](tel:201-784-0600) ext: 429

Hours: 2nd Thursday of every month (AM and PM hours)

Area Served: Closter residents and neighboring communities without food pantries

Information Needed: Proof of residence

CRESSKILL

St. Therese/Cresskill Food Pantry

65 B Madison Ave, Cresskill, NJ

Contact: [201-569-5400](tel:201-569-5400)

Hours: Tuesday 6:00 pm-7:30 pm, Wednesday
10:00 am-11:00 am, Saturday 10:00 am-12:00 pm

Area Served: Cresskill residents

Information Needed: Proof of residence

EDGEWATER

Holy Rosary Church Pantry

56 Edgewater Place, Edgewater, NJ

Contact: [201-945-6329](tel:201-945-6329)

Hours: 3rd Thursday 11:00 am-12:00 pm

Area Served: anyone who needs assistance

Information Needed: ID

ELMWOOD

Center for Food Action

21 Church St., Elmwood Park, NJ

Contact: [201-703-9857](tel:201-703-9857)

Hours: Monday/Wednesday/Friday, 10:00 am-2:00 pm.

Cities and towns served: Elmwood Park, Fair Lawn, Garfield, Lodi, Maywood, Paramus, Rochelle Park, Saddle Brook, Wallington, New Jersey

ENGLEWOOD

Center for Food Action

192 W. Demarest Ave, Englewood, NJ

Contact: [201-569-1804](tel:201-569-1804)

Hours: Mon-Friday 9:00 am-5:00 pm, Tuesday 9:00 am-7:00 pm, and first Saturday of every month: 10:00 am-1:00 pm

Information Needed: Call for appointment

Area Served: Anyone who needs assistance

ENGLEWOOD

St. Cecilia Church/ Office of Concern

55 W Demarest Ave, Englewood, NJ

Contact: [201-568-1465](tel:201-568-1465)

Hours: Monday–Thursday 9:00 am–1:00 pm

Area Served: anyone who needs assistance

Website: <http://officeofconcern.com/>

Information Needed: Application to fill out

FAIR LAWN

Fair Lawn Health Department

8-01 Fair Lawn Ave, Fairlawn, NJ

Contact: [201-794-5327](tel:201-794-5327)

Hours: Monday–Friday 8:30 am–4:30 pm

Areas served: Fair Lawn residents

Information Needed: Proof of residence

FAIRVIEW

Center for Food Action (In St. John the Baptist Church)

239 Anderson Ave., Fairview, NJ

Contact: [201-945-5831](tel:201-945-5831)

Hours: Monday/Tuesday/Thursday,
9:30 am–5:00 pm

Area Served: Anyone who needs assistance

Information Needed: ID

HACKENSACK

Center for Food Action

316 First St., Hackensack, NJ

Contact: [201-883-9375](tel:201-883-9375)

Hours: Monday–Thursday, 9:30 am–3:30 pm;
Friday 9:30 am–2:30 pm

Area Served: Anyone who needs assistance

Information Needed: ID

Bergen County Housing, Health and Human Services Center

120 South River St., Hackensack, NJ

Contact: [201-336-6475](tel:201-336-6475)

Hours: Lunch 11:30 am–12:30 pm, Dinner 5:00 pm–6:00 pm

Area Served: Bergen County resident

Information Needed: ID

Bergen County Community Action Partnership Shelter and Walk-In Lunch Program

241 Moore St. Hackensack, NJ

Contact: [201-968-0200](tel:201-968-0200)

Buddies of New Jersey, Inc.

149 Hudson St., Hackensack, NJ

Contact: [201-489-2900](tel:201-489-2900) or [800-508-7577](tel:800-508-7577) (NJ only)

Hours: Monday, 11:00 am–2:00 pm, Tuesday–Thursday,
1:00 pm–4:00 pm

Areas Served: Bergen and Passaic County

Website: njbuddies.org

Information Needed: AIDS/ HIV positive clients

HACKENSACK

On Our Own Self Help Center

179 Main St., Hackensack, NJ

Contact: [201-489-8402](tel:201-489-8402)

Hours: Monday–Friday 2:00 pm–7:00 pm;
Saturday–Sunday 12:00 pm–5:00 pm (on a limited basis)

Greater Bergen Community Action (Bergen County Homeless Shelter)

67 Orchard St., Hackensack, NJ

Contact: [\(201\) 488-5100](tel:201-488-5100)

Hours: Monday–Sunday, 5:00 pm–6:00 pm
Services: Shelter, hot meals, and information on short term transitional housing are offered.

The Salvation Army

436 Union St, Hackensack, NJ

Contact: [201-342-6531](tel:201-342-6531)

Hours: Lunch, Sunday 12:30 pm–2:30 pm

HASBROUCK HEIGHTS

Hasbrouck Heights Borough Hall

320 Boulevard, Hasbrouck Hts., NJ

Contact: [201-288-0195](tel:201-288-0195)

Area Served: Hasbrouck Heights residents
Hours: Monday, 9:00 am–11:00 am
Information Needed: Copy of lease or utility bill

HILLSDALE

Hillsdale Board of Health/ Helping Hands, Interfaith Food Pantry, United Methodist Church

349 Hillsdale Ave, Hillsdale, NJ

Contact: [201-664-0600](tel:201-664-0600)

Hours: Monday 5:30 pm-6:45 pm;
1st Saturday of month 9:00 am- 10:30 am

Area Served: Hillsdale and neighboring residents

Information Needed: ID

LITTLE FERRY

St. Margaret of Cortona Food Pantry

31 Chamberlain Ave, Little Ferry, NJ

Contact: [201-641-2988](tel:201-641-2988)

Hours: 3rd Wednesday, 10:00 am-Noon

Area Served: Little Ferry and Moonachie residents

Information Needed: Proof of residence

LEONIA

St. John the Evangelist Church – Rectory Office

235 Harrison St., Leonia, NJ

Contact: [201-947-4545](tel:201-947-4545)

MAHWAH

Center for Food Action

90 Ridge Rd, Mahwah, NJ

Contact: [201-529-2029](tel:201-529-2029)

Hours: Monday, 10:00 am-6:30 pm;
Tuesday–Friday, 10:00 am-2:00 pm

Area Served: Anyone who needs assistance

Information Needed: ID

MAYWOOD/ROCHELLE PARK

Maywood/Rochelle Park Welfare

151 W Passaic St., Rm 160, Rochelle Park, NJ

Contact: [201-581-7730](tel:201-581-7730)

Hours: Monday–Friday, 10:00 am-4:00 pm

Area Served: Maywood and Rochelle Park residents

Information Needed: Proof of residence

NEW MILFORD

Church of the Ascension Food Pantry

256 Azalea Dr., New Milford, NJ

Contact: [201-836-8961](tel:201-836-8961)

Hours: 3rd Monday, 6:00 pm-7:00 pm;
3rd Tuesday, 9:30 am-10:00 am

Area Served: New Milford and Neighboring town residents

Information Needed: ID

NORTH ARLINGTON

Queen of Peace Church

174 Ridge Rd., North Arlington, NJ

Contact: [201-997-0700](tel:201-997-0700)

Hours: Saturday, 9:00 am

Area Served: North Arlington residence

Information Needed: Proof of residence

OAKLAND

Ponds Reformed Church

341 Ramapo Valley Rd, Oakland, NJ

Contact: [201-337-6744](tel:201-337-6744)

PALISADES PARK

St. Michaels Food Pantry

19 East Central Boulevard, Palisades Park, NJ

Contact: [201-944-1061](tel:201-944-1061)

PARAMUS

Paramus Dept. of Human Services

93 N. Farview Ave, Paramus, NJ

Contact: [201-265-2100](tel:201-265-2100) x634

Hours: Monday–Friday, 9:00 am–4:00 pm

Area Served: Paramus residents

Information Needed: Proof of residence

RIDGEFIELD PARK

St. Francis Food for Friends

114 Mt. Vernon St., Ridgefield Park, NJ

Contact: [201-641-6464](tel:201-641-6464)

Hours: Monday–Friday, 9:00 am–4:30 pm
(pickups bi weekly)

Area Served: Ridgefield Park residents

Information Needed: Proof of residence

RIDGEWOOD

Family Promise of Bergen County (Lower level of Ridgewood United Methodist Church)

100 Dayton St., Ridgewood, NJ

Contact: [\(201\) 833-8009](tel:201-833-8009)

Services: Shelters homeless families through a network of churches and synagogues around Bergen County

Social Services of Ridgewood

6 Station Plaza, Ridgewood, NJ

Contact: [201-444-2980](tel:201-444-2980)

Hours: Monday–Friday, 10:00 am–4:00 pm

Area Served: Ridgewood, Wyckoff, Ho-Ho-Kus,
Midland Park, Waldwick, Glen Rock

Information Needed: Proof of residence and
financial need

RUTHERFORD

Rutherford Community Food Pantry

176 Park Ave, Rutherford, NJ

Contact: [201-460-3000](tel:201-460-3000) x3168

Hours: Monday/Thursday, 2:00 pm–4:00 pm;
Wednesday, 5:00 pm–7:00 pm

Area Served: Rutherford residents

Information Needed: Proof of residence

SADDLE BROOK

Center for Food Action

224 Midland Ave, Saddle Brook, NJ

Contact: [201-703-9857](tel:201-703-9857)

Hours: Monday/Wednesday/Thursday/Friday,
10:00 am-3:00 pm; Tuesday, 12:00 pm-6:00 pm

Area Served: Clifton, Carlstadt, East Rutherford, Elmwood Park, Fairlawn, Garfield, Lodi, Lyndhurst, Maywood, West Arlington, Paramus, Rochelle Park, Rutherford, Saddle Brook, Wallington, Woodridge

Information Needed: Call for appointment

TEANECK

Faith and Hope Food Pantry

480 Warwick Ave, Teaneck, NJ

Contact: [201-833-4501](tel:201-833-4501)

Hours: Saturday, 9:00 am-11:00 am

Information Needed: ID

Area Served: Anyone who needs assistance

WESTWOOD

St. Andrew's Church

120 Washington Ave, Westwood, NJ

Contact: [201-666-1100](tel:201-666-1100)

Area Served: Westwood and neighboring town residents

Hours: Thursday, 7:30 pm

Information Needed: ID

BE CONNECTED

For up to date information on the latest Sandy news in Bergen County, please visit:

The Bergen County Department of Health Services: Post Sandy Recovery

www.bergenhealth.org/Recovery

<https://www.facebook.com/PostSandyRecovery>

The Bergen County Voluntary Organizations Active In Disaster - Hurricane Sandy Long Term Recovery Committee (BC VOAD/LTRC)

www.bergenvoad.org

NJ211

www.NJ211.org or call **211**

State of NJ Department of Health Services: Sandy Resources

http://www.nj.gov/health/er/hurricane_recovery_resources.shtml

State Housing Recovery Programs

www.renewjerseystronger.org

or call [1-855-SANDYHM](tel:1-855-SANDYHM) (726-3946)

Bergen County Department of Health Services

Supports Your Community





**BERGEN COUNTY
COMMUNITY RESOURCE GUIDE
JUNE 2015**