

September 2018

MSHS Price List Student Lunch: \$3.15 Reduced Lunch: \$0.40 Adult Lunch: \$3.65

Beverage Prices Milk: \$0.60 Juice Cup: \$0.55 Bottled Water - Small: \$0.65 Bottled Water - Large: \$1.25

A La Carte Snacks Fresh Fruit: \$0.75 Baked Chips: \$0.75 Fresh Baked Cookie: \$0.50

Hasbrouck Heights Middle/High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
		<ul style="list-style-type: none"> First Day of School Bacon Cheddar Cheeseburger Tater Tots Soft Pretzel Stick Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Sausage, Egg & Cheese Pancake Sandwich Hash Browns Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Pizza Day From Heights Pizza Caesar Salad Assorted Fresh or Chilled Fruit Milk Variety
10	11	12	13	14
<ul style="list-style-type: none"> Buffalo Chicken Nugget Basket Vegetable Pasta Salad Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Nacho Platter with Shredded Cheddar Cheese Lettuce & Tomatoes & Salsa Steamed Rice Steamed Corn Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Firecracker Chicken Sandwich Curly Fries Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Pasta with Meatballs with Marinara Sauce Garlic Breadstick Spring Mix Salad Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Pizza Day From Heights Pizza Italian House Salad Assorted Fresh or Chilled Fruit Milk Variety
17	18	19	20	21
<ul style="list-style-type: none"> Crispy Chicken BLT Sandwich Oven Baked French Fries Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> All-Natural Beef Hot Dog on a Bun Spring Mix Salad Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Sausage, Egg, & Cheese on a Kaiser Roll Tater Tots Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Teriyaki Chicken w/ Steamed Rice Steamed Broccoli Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Pizza Day From Heights Pizza Green Beans Assorted Fresh or Chilled Fruit Milk Variety
24	25	26	27	28
<ul style="list-style-type: none"> Mashed Potato Bowl Golden Corn Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Nacho Platter with Salsa Steamed Rice Steamed Corn Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> The MAC Burger on a Bun with Salsa Oven Baked French Fries Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Pasta with Meatballs Garlic Bread Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Pizza Day Personal Pan Pizza Local Fresh Cucumber & Tomato Salad Assorted Fresh or Chilled Fruit Milk Variety

Fast & Fresh: Chicken Caesar Salad, Chef Salad, Crispy Chicken Salad

Mediterranean Bistro: Personal Pan Pizza

Great Grillers: Hamburger on Bun, Cheeseburger on a Bun, Crispy Chicken Sandwich, Philly Cheesesteak Hero, Chicken Tenders

Deli Central: Italian Sub, Turkey & Cheese Sandwich, Turkey Wrap, Grilled Chicken Sandwich

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: <http://hhschools.nutrislice.com/menu/hasbrouck-heights-middlehigh/lunch/>
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