

January 2019

Euclid/Lincoln Elementary

Lunch

Beverage Prices Milk: \$0.60 Juice Cup: \$0.55 Bottled Water - Small: \$0.65

A La Carte Snacks Fresh Fruit: \$0.75 Baked Chips: \$0.75 Fresh Baked Cookie: \$0.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Holiday Break - No School	2 <ul style="list-style-type: none"> Chicken Nuggets Emoji Fries Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Chicken Caesar Salad Ham and Cheese Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	3 <ul style="list-style-type: none"> Cheeseburger on a Bun Oven Baked Fries Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Crispy Chicken Salad with Dinner Roll Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	4 <ul style="list-style-type: none"> Pizzeria Pizza Freshly Prepared Italian House Salad Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Tuna Salad Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich
7 <ul style="list-style-type: none"> All-Natural Beef Hot Dog on a Bun w/ Oven Baked French Fries Golden Corn Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Italian Sub Chef Salad with Dinner Roll Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	8 <ul style="list-style-type: none"> Pasta with Meatballs Garlic Bread Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Chef Salad with Dinner Roll Turkey Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	9 <ul style="list-style-type: none"> Crispy Chicken Sandwich Oven Baked French Fries Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Chicken Caesar Salad Ham and Cheese Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	10 <ul style="list-style-type: none"> Mac & Cheese Broccoli Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Crispy Chicken Salad with Dinner Roll Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	11 <ul style="list-style-type: none"> Pizzeria Pizza Cucumber & Tomato Salad Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Tuna Salad Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich
14 <ul style="list-style-type: none"> Chicken Parm Platter Sauteed Vegetables Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Italian Sub Chef Salad with Dinner Roll Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	15 <ul style="list-style-type: none"> Grilled Cheese Sandwich Tator Tots Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Chef Salad with Dinner Roll Turkey Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	16 <ul style="list-style-type: none"> Breakfast for Lunch Mini Maple Waffles Breakfast Sausages Hash Browns Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Chicken Caesar Salad Ham and Cheese Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	17 <ul style="list-style-type: none"> Scoop A Bowl with Taco Meat , Shredded Cheddar Cheese , Lettuce & Tomatoes , and Salsa Steamed Corn Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Crispy Chicken Salad with Dinner Roll Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	18 <ul style="list-style-type: none"> Pizzeria Pizza Cucumber & Tomato Salad Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Tuna Salad Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich
21 No School	22 <ul style="list-style-type: none"> Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn and Gravy Dinner Roll Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Chef Salad with Dinner Roll Turkey Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	23 <ul style="list-style-type: none"> Mozzarella Sticks with Marinara Sauce Steamed Broccoli Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Chicken Caesar Salad Ham and Cheese Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	24 <ul style="list-style-type: none"> Cheeseburger on a Bun Oven Baked French Fries Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Crispy Chicken Salad with Dinner Roll Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich 	25 <ul style="list-style-type: none"> Pizzeria Pizza Freshly Prepared Italian House Salad Assorted Fresh or Chilled Fruit Milk Variety Daily Swap Outs <ul style="list-style-type: none"> Tuna Salad Sandwich Bagel & Yogurt Meal Peanut Butter & Jelly Jamwich Fruit & Cheese Platter Cheese Sandwich

28

- Bacon & Cheese Pretzel Melt
- Sweet Potato Tater Tots
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Swap Outs**
- Italian Sub
- Chef Salad with Dinner Roll
- Bagel & Yogurt Meal
- Peanut Butter & Jelly Jamwich
- Fruit & Cheese Platter
- Cheese Sandwich

29

- Hot Dog on a Bun
- Oven Baked French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Swap Outs**
- Chef Salad with Dinner Roll
- Turkey Sandwich
- Bagel & Yogurt Meal
- Peanut Butter & Jelly Jamwich
- Fruit & Cheese Platter
- Cheese Sandwich

30

- Turkey Feast
- Oven Roasted Turkey with Gravy
- Mashed Potatoes
- Green Beans
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Swap Outs**
- Chicken Caesar Salad
- Ham and Cheese Sandwich
- Bagel & Yogurt Meal
- Peanut Butter & Jelly Jamwich
- Fruit & Cheese Platter
- Cheese Sandwich

31

- Breakfast for Lunch
- Pancakes
- Breakfast Sausages
- Hash Browns
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Swap Outs**
- Crispy Chicken Salad with Dinner Roll
- Bagel & Yogurt Meal
- Peanut Butter & Jelly Jamwich
- Fruit & Cheese Platter
- Cheese Sandwich

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info 6-12 Our well-balanced lunches available for the week, average between 600-850 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: hhschools.nutrislice.com/menu/euclidlincoln-elementary/lunch/
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